

	<i>Not true</i>			<i>Very true</i>	
34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	1	2	3	4	5
35. S/he frightens me.	1	2	3	4	5
36. I feel incompetent or inadequate working with him/her.	1	2	3	4	5
37. I find myself being controlling with him/her.	1	2	3	4	5
38. I feel interchangeable—that I could be anyone to him/her.	1	2	3	4	5
39. I have to stop myself from saying or doing something aggressive or critical.	1	2	3	4	5
40. I feel like I understand him/her.	1	2	3	4	5
41. I tell him/her I’m angry at him/her.	1	2	3	4	5
42. I feel like I want to protect him/her.	1	2	3	4	5
43. I regret things I have said to him/her.	1	2	3	4	5
44. I feel like I’m being mean or cruel to him/her.	1	2	3	4	5
45. I have trouble relating to the feelings s/he expresses.	1	2	3	4	5
46. I feel mistreated or abused by him/her.	1	2	3	4	5
47. I feel nurturant toward him/her.	1	2	3	4	5
48. I lose my temper with him/her.	1	2	3	4	5
49. I feel sad in sessions with him/her.	1	2	3	4	5
50. I tell him/her I love him/her.	1	2	3	4	5
51. I feel overwhelmed by his/her needs.	1	2	3	4	5
52. I feel hopeless working with him/her.	1	2	3	4	5
53. I feel pleased or satisfied after sessions with him/her.	1	2	3	4	5
54. I think s/he might do better with another therapist or in a different kind of therapy.	1	2	3	4	5
55. I feel pushed to set very firm limits with him/her.	1	2	3	4	5
56. I find myself being flirtatious with him/her.	1	2	3	4	5
57. I feel resentful working with him/her.	1	2	3	4	5
58. I think or fantasize about ending the treatment.	1	2	3	4	5
59. I feel like my hands have been tied or that I have been put in an impossible bind.	1	2	3	4	5
60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	1	2	3	4	5
61. I feel sexual tension in the room.	1	2	3	4	5
62. I feel repulsed by him/her.	1	2	3	4	5
63. I feel unappreciated by him/her.	1	2	3	4	5
64. I have warm, almost parental feelings toward him/her.	1	2	3	4	5
65. I like him/her very much.	1	2	3	4	5
66. I worry about him/her after sessions more than other patients.	1	2	3	4	5
67. I end sessions overtime with him/her more than with my other patients.	1	2	3	4	5
68. I feel less successful helping him/her than other patients.	1	2	3	4	5
69. I do things for him/her, or go the extra mile for him/her, in ways that I don’t do for other patients.	1	2	3	4	5
70. I return his/her phone calls less promptly than I do with my other patients.	1	2	3	4	5
71. I disclose my feelings with him/her more than with other patients.	1	2	3	4	5

	<i>Not true</i>			<i>Very true</i>	
72. I call him/her between sessions more than my other patients.	1	2	3	4	5
73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	1	2	3	4	5
74. S/he is one of my favorite patients.	1	2	3	4	5
75. I watch the clock with him/her more than with my other patients.	1	2	3	4	5
76. I self-disclose more about my personal life with him/her than with my other patients.	1	2	3	4	5
77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	1	2	3	4	5
78. I begin sessions late with him/her more than with my other patients.	1	2	3	4	5
79. I talk about him/her with my spouse or significant other more than my other patients.	1	2	3	4	5